

reduce | re-use | recycle

DID YOU KNOW THE NHS HAS PLANS TO GO GREEN?

These plans range from reducing hospital carbon emissions, moving to electric vehicles and cutting down on single use plastic. We all have our part to play in supporting these changes and protecting the planet.

At Nutricia we have been busy working on our carbon reduction plans and want to encourage all Nutricia Homeward patients to Reduce, Reuse and Recycle where possible.

reduce

Reducing waste helps the environment by saving the valuable resources and energy that's needed to make new products. It also helps reduce air and water pollution caused from throwing away old products.

An easy way to reduce your waste is to only order the supplies from Nutricia Homeward you need each month. The simplest way to do this is to place your monthly order online: [CLICK HERE TO GET STARTED](#)

This short video shows you how to order online.



If you prefer, you can [DOWNLOAD THIS USER GUIDE](#)

Your Nutricia Homeward Nurse can answer any questions you might have about online ordering.



reuse

Switching from single use items such as syringes and Flocare containers to reusable syringes and Sterifeed bottles can help reduce waste. This means less needs to be recycled or sent to landfill and allows products to be fully used.

This also reduces your deliveries and the amount of equipment you need to store each month.

Please discuss with your managing healthcare professional to see which reusable items are suitable for you.



recycle

Recycling saves resources, protects wildlife and reduces carbon emissions, [CLICK HERE](#) to find out what medical nutrition packaging can be easily recycled.

Some of your Nutricia Homeward deliveries might arrive in grey or white plastic bags. These are made from 100% recycled materials and can be recycled at most large supermarkets along with other soft or flexible plastics.

THANK YOU FOR THE POSITIVE CHANGES YOU ARE ALREADY MAKING TO REDUCE, REUSE AND RECYCLE AND WE HOPE THIS NEWSLETTER HAS GIVEN YOU SOME NEW IDEAS.

**DO YOU LISTEN
TO PODCASTS?**

**IF SO, COULD YOU HELP US BY ANSWERING
A FEW QUESTIONS ABOUT A NEW SERIES OF
TUBE FEEDING PODCASTS WE ARE PLANNING?**

PLEASE CLICK HERE